

ALYSSA **RUBAL**

New Ways To Work Consultant

LOCATION

Salem, Massachusetts

EXPERTISE

- Reentry Educational Planning
- Registered Apprenticeships
- Peer Support
- Substance Use Disorder (SUD) Counseling
- Employer Engagement

EDUCATION

Salem State University
M.S.W., Social Work
Expected 2027

California State University, Los Angeles
B.A., Psychology
2022

East Los Angeles College
A.A.-T, Psychological, Social & Behavioral Sciences
2020

WORK EXPERIENCE

Adjunct Instructor 2004–Now
East Los Angeles College, Addiction Studies

Consultant 2019–Now
East Los Angeles College, Addiction Studies

Adjustment Counselor, Intern 2025-2026
The Waring School

Educational Coordinator 2022-2024
The Amity Foundation

ABOUT ME

Alyssa Rubal is an emerging social work professional with a strong foundation in counseling, education, and program management across academic, community, and justice-involved settings. Currently pursuing a Master of Social Work at Salem State University, she brings extensive experience supporting youth, college students, and underserved populations through direct service, instruction, and large-scale program coordination. Her clinical training includes providing individual counseling to adolescents, facilitating psychoeducational workshops, contributing to equitable school policy development, and delivering crisis-intervention and de-escalation support.

Alyssa's professional background spans higher education, nonprofit work, and grant-funded workforce development initiatives. At East Los Angeles College, she has served as an Adjunct Instructor and Program Implementation Manager. She implemented over 10 grants to aid justice-impacted individuals, and oversaw financial tracking and records for 300+ students. Her instructional experience includes motivational interviewing, counseling skills, ethics, boundaries, and case management to adult learners.

Her work with New Ways to Work and The Amity Foundation further demonstrates her strengths in case management, cross-agency collaboration, and resource navigation. She has supported students in accessing education, training, employment, and essential services, ensuring individuals receive comprehensive, culturally responsive support. Alyssa's career reflects a commitment to equity, empowerment, and expanding access to education and opportunity for marginalized communities.

New Ways to Work