

SOPHIE TRIVINO-PEREZ

New Ways To Work Consultant

LOCATION

Northridge, California

EXPERTISE

- Public Policy
- Strategic Planning
- Program Design & Implementation
- Program Evaluation
- Disability Advocacy
- Resource Development
- Epidemiology
- Data Analysis

EDUCATION

Cal Baptist University
M.A., Public Health

Utah State University
B.A., Communication Disorders and Deaf Education

WORK EXPERIENCE

Program Manager 2004–Now
New Horizons

ABOUT ME

I was born in Paris, France, and have lived in the United States for more than 20 years. I am a multilingual professional fluent in English, Spanish, and French, with additional training in American Sign Language (ASL).

I am currently pursuing a Doctor of Public Health (DrPH) at California Baptist University, where my research focuses on invisible disabilities, disability inclusion, and the barriers faced by neurodivergent individuals across education, employment, and healthcare systems. I earned her Master of Public Health from California Baptist University in 2023 and her Bachelor of Science in Communicative Disorders and Deaf Education from Utah State University in 2021. I am also a Certified Health Education Specialist (CHES).

Professionally, I serve as Senior Coordinator of the Pathways Program at New Horizons, overseeing employment-readiness services for adults with intellectual and developmental disabilities. In this role, I coordinate community-based vocational training, supervise employment programming, develop curriculum, collaborate with employers, and support individuals in building the skills needed for meaningful competitive employment. I also work as a Resource Development Consultant, assisting nonprofit organizations with grant writing, strategic planning, and workforce development initiatives.

Throughout my career, I have dedicated myself to advocating for individuals with disabilities and creating opportunities that promote independence, inclusion, and equitable access to education, employment, and healthcare. My work combines public health, disability services, workforce development, program evaluation, and community engagement to improve outcomes for underserved populations.

As both a public health professional and someone with lived experience as a neurodivergent individual, I am passionate about increasing awareness of invisible disabilities and improving systems

WHERE OTHERS SEE BARRIERS, I LOOK FOR SOLUTIONS.